

Eastern Star Masonic Home

Week 4	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B r e a k f a s t	Scrambled Eggs Hard Cooked Egg Oatmeal Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Sausage Gravy & Biscuit Hard Cooked Egg Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Pancakes Sausage Links Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Denver Scrambled Eggs Hard Cooked Egg Oatmeal Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	French Toast Bacon Choice Of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Fried Eggs Hard Cooked Egg Oatmeal Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Oranges/Prune Milk, Coffee, Tea, Hot Cocoa	Fried Eggs Sliced Bacon Choice Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa Cream of Rice
L u n c h	Fried Chicken Breaded Pork Chop Mashed Potatoes & Gravy Dinner Roll w/ Marg French Green Beans Riviera Blend Vegetables Pink Ambrosia Salad Tossed Salad Pecan Pie Milk, Coffee, Tea, Hot Cocoa	Beef Brisket Creamy Parmesan Chicken O'Brien Potatoes Choice of Bread w/ Margarine Corn Squash Lemon Fruit Cup Tossed Salad French Silk Pie Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Mexican Cссерole Garlic Roasted Pork Loin Mashed Potatoes & Gravy Choice of Bread w/ Margarine Cauliflower w/ Cheese Sicilian Blend Vegetables Pea Salad Tossed Salad Heath Ice Cream Bar Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Hot Turkey Sandwich Tater Tot Casserole Mashed Potatoes & Gravy Dinner Roll w/ Marg Malibu Blend Vegetables Lemon Glazed Carrots Tropical Fruit Salad Tossed Salad Candy Bar Cake Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Sliced Roast Beef Scalloped Potatoes & Ham Mashed Potatoes & Gravy Choice of Bread w/ Margarine Green Beans Stewed Tomatoes Macaroni Salad Fresh Blueberries Congo Bars Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Spaghetti & Meatsauce Scrod Cod Choice of Bread w/ Margarine Breadstick Seasoned Potato Wedges Peas & Carrots Coleslaw Peaches Tossed Salad Banana Cream Pie Milk, Coffee, Tea, Hot Cocoa	Beef Stroganoff Ranch Pork Filet Mashed Potatoes & Gravy Choice of Bread w/ Margarine Parmesan Corn Broccoli Fruit Cocktail Tossed Salad Peach Melba Trifle Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa
D i n n e r	Boston Clam Chowder Grilled Hot Ham & Cheese Egg Salad Nantucket Blend Vegetables Apricots w/ Cottage Cheese Nutty Ice Cream Cone Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Cheddar Baked Potato Soup Smoked Pork Butt on Bun Chicken Salad Scandinavian Blend Vegetables Garden Cottage Cheese Applesauce Chocolate Chip Cookie Milk, Coffee, Tea, Hot Cocoa	Minestrone Soup Creamed Eggs over Toast Beef Salad Italian Vegetables Fruit Cocktail Variety of Sherbet Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Hearty Chili w/ Cornbread Grilled Cheese Sandwich Tuna Salad Corn Stir-Fry Blend Vegetables Mangos Blueberry Crisp Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Chef Salad Orange Turkey Croissant Caribbean Vegetables Pineapple Ring Potato Chips Mandarin Orange Fluff Sugar Free Pudding Fruited Yogurt Milk, Coffee, Tea, Hot Cocoa	Vegetarian Vegetable Soup Southern Chicken Strip Egg Salad Wax Beans Mixed Vegetables Cherry Fluff Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Cream of Potato Soup Mozzarella Chicken Garlic Buttered Bow Tie Noodle Peas Pears Cottage Chese Peanut Butter Chip Cake Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa